

## Child Health Centre locations

### Sub Acute and Community Services (SACS)

#### Rockhampton Community Health Centre

82-86 Bolsover Street  
Rockhampton

#### Gracemere Child Health Clinic

3 Russell Street  
Gracemere

#### Mt Morgan Multi-Purpose Health Centre (Hospital)

Black Street  
Mount Morgan

### Appointments and enquiries

Phone (07) 4920 6900  
Mt Morgan (07) 4912 5100

### Child Health information

24 hour hotline  
13health (1343 2584)

### Health resource centre

[www.raisingchildren.net.au](http://www.raisingchildren.net.au)

## Home visiting

Initial contact with the Child Health Team, provided in your home.

This service provides the opportunity to have a child health nurse visit all new babies at approximately 2 weeks and 4 weeks of age.

## Aboriginal and Torres Strait Islander Maternal and Child Health Services

Rockhampton Community Health Centre phone 4920 6900

- Gumma Gundoo Maternity Service (antenatal/EMS)
- Hearing clinic 4 to 18 years (appointments preferred)
- Child Health Check and Immunisation Clinic
- Tuberculosis Vaccination Clinic
- Paediatric Clinic (GP referral required)
- Home visiting



**Standard 2** Partnering with Consumers - Partnering with Consumers.  
This patient information resource supports National Safety and Quality Health Service Standard 2 (2.4.1) Consumers and/or carers provided feedback on this patient information.

All information contained in this sheet has been supplied by appropriately qualified professionals. It is a guideline for care only. Seek medical advice, as appropriate, for concerns regarding your health.

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# Rockhampton Maternal and Child Health Service



For parents,  
carers  
and children  
aged  
Antenatal -  
5 years

Helping children  
and families to  
better health  
and wellbeing



Queensland  
Government

# Services offered



## Drop in Clinic

Non appointment based clinic, come in for a short chat with a child health nurse. For full assessment or to discuss more complex problems please make a Child Health Clinic appointment.

### Rockhampton

82-86 Bolsover Street, Rockhampton  
Friday: 8.30am to 12.00pm

### Gracemere

3 Russell Street, Gracemere  
Wednesday: 9.00am to 2.00pm

### Rockhampton Family Centre

Cnr Bawden and Charles Street,  
North Rockhampton  
Tuesday and Thursday 9.00am to 11.30 am

## Extended Midwifery Service (EMS)

### Rockhampton Region Community EMS

A midwife will visit you at home within the first week following the birth of your baby. This will be arranged before leaving hospital. If you are unable to be home on this day please call:

### EMS - Contact

7 day service - 0417 732 976  
8.30am to 4.30pm

## Child Health Clinic

### By appointment:

- Check baby's growth and development
- Parenting and health education
- Discuss baby's and parenting issues with the child health nurse
- Information about other services
- Developmental screening

### Rockhampton

82-86 Bolsover Street, Rockhampton  
Monday: 9.00am to 3.30pm  
Thursday: 9.00am to 3.30pm  
Friday: 8.30am to 3.30pm  
Friday: 12.30pm to 3.30pm

### Gracemere

3 Russell Street, Gracemere  
Monday: 9.00am to 12.00 noon  
Thursday: 9.00am to 2.00pm

### Mt Morgan

Health Centre, Black Street, Mt Morgan  
Wednesday / Thursday  
Phone: (07) 4912 5100

### Hearing clinics

Rockhampton Community Health Centre,  
82 - 86 Bolsover Street Rockhampton

Hearing clinic 4 to 18 years  
(appointments preferred)

Wednesday / Thursday - 2.00pm to 4.00pm

## Early Intervention Parenting Specialist

Support provided by phone, home visits or child appointment for:

- When things don't feel right
- Problems feeling close to your baby/child
- Assistance with parenting skills
- Coping when things go wrong

## Parent Group and Parenting Information Sessions

Bookings required.  
Ask your Child Health Nurse for details.

All sessions are held at:  
82-86 Bolsover Street, Rockhampton.

### Early Parenting Group

- For babies up to 3 months of age
- Four (4) weekly sessions on Tuesday 9.30am to 11.30 am

### Child health and parenting seminars

Provided on parent/infant relationships, Feeding and nutrition, safety and wellbeing and normal infant development and behaviour.