

Celebrating Seniors throughout our Shire!

SENIORS WEEK 14-29 August 2019



Wednesday 14 August FREE Come and Try Croquet	8am - 11am @ 24 Bowls Street, Yeppoon Morning tea provided Hosted by Capricorn Coast Mallet Sports Club Bookings Kath 4939 4959 by 7 August
Thursday 15 August FREE Seniors Expo @ Oak Tree	9.30am @ 3 Kookaburra Drive, Yeppoon Ticket into Lucky Door Prize Hosted by Oak Tree Retirement Villages Bookings & Stall Holders Jenny Brown 4930 2032 by 7 August
Friday 16 August FREE Seniors Week Official Launch	10am @ Marlborough Community Hall, Marlborough Free Courtesy Bus leaving from Old Railway Site 8.30am Hosted by Livingstone Shire Council Bookings www.livingstone.qld.gov.au/whatson by 7 August
Monday 19 August FREE Seniors Wheels & Walkers Coastal Stroll	8am Meet @ Yeppoon Lagoon Morning tea provided on conclusion of walk/ride Hosted by Bicycle User Group Bookings Jan 0434 396 179 or Margaret McAuliffe 0418 182 718 by 7 August
Tuesday 20 August \$7 Country Music Day	10am - 2pm @ 61 Millroy Drive, Yeppoon includes morning tea, BBQ lunch & great entertainment! Hosted by Yeppoon Keppel Coast Country Music Club Bookings Lawrie 0400 071 807 by 7 August
Wednesday 21 August FREE Grandparents Story Time	10am @ Emu Park Library Cuppa provided! Hosted by Livingstone Shire Council Libraries Bookings 4913 3851 by 7 August
Wednesday 21 August \$5 A 'Little Bit of Country' Afternoon Tea	1.30pm @ CARV, 150 Rockhampton Road Afternoon tea, prizes for best fancy dress 'Country Theme', raffles + lucky door prizes Hosted by CARV Social Club Bookings & payment Ailsa 4925 0706 / 0414 259 895 by 7 August
Thursday 22 August \$5 Gentle Yoga & Forest Bathing for Wellbeing	9am - 10.30am @ Lammermoor Gardens Morning tea provided on conclusion of event Hosted by Tattwa Yoga Therapy Bookings www.livingstone.qld.gov.au/whatson by 7 August
Thursday 22 August \$2 Old Time Dancing	1pm @ Emu Park Cultural Hall Hosted by Capricorn Coast Healthy Ageing Bookings Dell 49354 866 / 0400 583 955 or Wilma 0409 301 164 by 7 August
Thursday 22 August FREE The Great Debate	6pm @ St Ursula's College Queen St Hall Supper Provided Hosted by St Ursula's and The University of the Third Age Bookings Margaret 0418 728 718 by 7 August
Friday 23 August \$30 Golf Day	9am @ Emu Park Golf Club 9 Hole, 2 person Ambrose - Includes buggy hire & sausage sizzle, shot gun start (must have own golf clubs to play) Hosted by Oak Tree Village & Envigor Bookings Jenny 4930 2032 or Michelle 0427 863 194 by 7 August
Monday 26 August \$75 Whale Watching	8am @ Keppel Bay Marina Includes lunch and whale watching Hosted by Yeppoon Senior Citizens Bookings Shirley 4939 3625 or Joan 4939 3273 by 7 August
Tuesday 27 August \$15 Poets Breakfast	8.30am @ The Beachside Cafe, Keppel Bay Sailing Club Includes unlimited tea/coffee & full buffet breakfast Hosted by The University of the Third Age Bookings www.livingstone.qld.gov.au/whatson by 7 August
Wednesday 28 August \$15 'Australia Theme' Lunch	11.30am @ 3 Kookaburra Drive, Yeppoon 3 Course Meal & Lucky Door Prizes! Hosted by Oak Tree Retirement Villages Bookings Jenny 4930 2032 by 7 August
Thursday 29 August \$2 Musical Reflections	9am - 12pm @ Yeppoon Town Hall, Yeppoon Lucky door prizes & morning tea Hosted by Yeppoon Senior Citizens Bookings Shirley 4939 3625 or Joan 4939 3273 by 7 August
Thursday 29 August FREE Singing around the Piano	1.30pm @ Yogalicious, Yeppoon Join us for a sing-a-long around the piano with yummy treats for sale by Yogalicious Hosted by Jan Boyd Bookings Jan 0434 396 179 by 7 August

www.livingstone.qld.gov.au/SeniorsWeek2019

