



Community Connections

Newsletter

COME ON IN AND LAUGH, SHARE, LEARN, DO,
GROW, CRY, CONTRIBUTE, HEAL, SING, TALK,
THRIVE, LEAD, PLAN, CREATE, MEET, DISCOVER,
EXERCISE AND PLAY



February 2023

Welcome to the New Year!



Christmas Tree Festival 2022

Designed by Glenda, Community Centre Volunteer

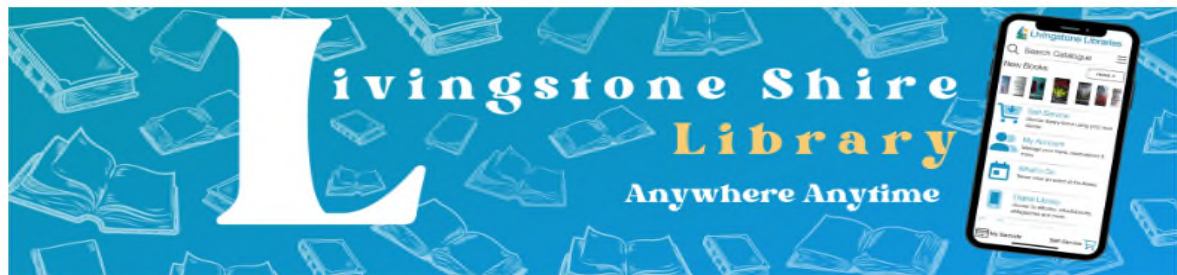
FEBRUARY

- 1 & 15 February** 0-5's, Yeppoon Library
- 2 & 16 February** Baby Beatz, Yeppoon Town Hall
- 3 February** Mary Boyle's Retirement morning tea, Community Centre
- 6 & 20 February** Under 1's Library Time, Yeppoon Library
- 8 February** Cap Coast Interagency Network meeting, Yeppoon Town Hall
- 8 & 22 February** 0-5's, Emu Park Library
- 13 & 27 February** Under 1's Library Time, Emu Park Library
- 23 February** 3-5's Storytime, Yeppoon Library

SAVE THE DATE... Upcoming Events

- 17 March** Undertow, Yeppoon Town Hall

eLibrary



Access the library from your phone anytime, anywhere!



HELP MAKE OUR COMMUNITY A SAFE ONE

CRIME STOPPERS

1800 333 000 | www.crimestoppersqld.com.au

POLICE LINK

131 444 | www.police.qld.gov.au/policelink-reporting

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'Yeppoon Community Centre' www.facebook.com/YeppoonCommunityCentre



Community Groups

CUTLERY HASH HOUSE HARRIERS Yeppoon



Come and have some fun and give it a try

We are a fun group that run/walk every Wednesday evening in Yeppoon. The venue changes each week.

Meet and greet at 6.30pm for a 6.45pm start. The trail will usually be somewhere between 3-6km, then we have a few drinks and a meal.

The cost of \$5 covers the food. Drinks are available for purchase at \$3 or less.

Please contact MD (Cheryl) on 0429 336 877 if you are interested.

Livingstone Community Grants

Livingstone Shire Council and The Real Group Community Grants Scheme provides funding to community groups and sporting clubs to deliver innovative projects and programmes that increase their capacity and resilience and respond to community needs.

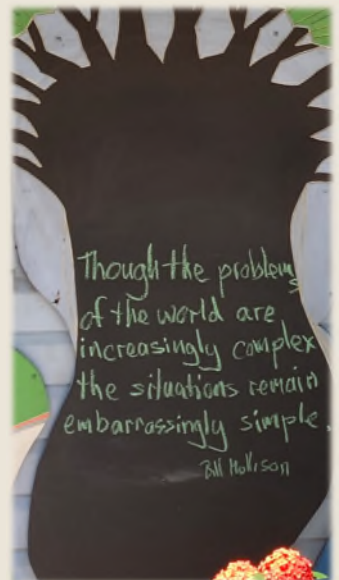
Rounds provide up to \$5000.00 for not-for-profit community groups and sporting clubs.

Applicants must meet the eligibility criteria and be operating within the boundary of Livingstone Shire Council's Local Government Area providing programmes or activities that benefit residents, and improve overall community well-being as well as align with the Livingstone Shire Community Plan.

Livingstone Shire Council and The Real Group Community Grants Scheme is also supported by M.Cranny Investments.

Round Two 2022/23 will open in February 2023

If you have any queries or require further advice, please email lcg@livingstone.qld.gov.au



CHAIR YOGA & STEADY STEPS

Recommencing 1st of February 2023 at Emu Park Cultural Hall

Classes are held every Wednesday

Chair Yoga is 8.30am - 9.30am & Steady Steps is 10am - 11am

These classes are a community service between the LSC & OHM Chair Yoga

Chair Yoga is for everyone - 'GET FIT WHERE YOU SIT'

Steady Steps is about balance, coordination, exercise & fun

There is a once-a-year registration of \$5.00 & each class is \$3.00 per week

For further information please contact Jo on 0429 633 702

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Hello all

Invitation to a morning tea with Mary Boyle

10.30am Friday 3rd February 2023

@ the Community Centre, John St. Yeppoon

Our wonderful Mary has announced her retirement!



Mary:

Mary commenced at the Community Centre in Yeppoon in 2010.

For many years following she was the first face you would see when coming through the doors of the Community Centre. It was always service with a smile!

Mary supported Sue Hamilton (and others!) in the creation of the ICare program & Dignity First Washroom.

She was instrumental in on ground delivery of both programs,

working with the community on their acceptance, promotion and use.

Mary developed processes to operate and maintain the facilities and track their daily use.

Following cyclone Marcia in 2015, Mary provided remarkable logistical support.

She played a big part in the establishment of the Recovery Hub at the Yeppoon Town Hall.

“Words that come to mind...thoughtfulness, generosity, compassion.”

“As a colleague she went the extra mile providing support both in and outside of work hours.”

“Mary had the ability to create a safe space to provide the perfect level of support, guidance and advice to those coming through the front door.”

“Mary could sift through problems, get the problem task done and break down barriers.”

“Mary is well loved by the community.”

“She has a passion-and-a-half for her community.”

Please come along to celebrate with and thank Mary for her outstanding service.

No doubt there is sure to be a scone or two.

RSVP by 5pm Wed 1st Feb: communitycentre@livingstone.qld.gov.au

For those who can, please bring a plate to share.



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Activities at the Community Centre

80 John Street, Yeppoon | 4913 3840

For more information contact the Community Centre

Currently being updated for 2023

Monday

Every Monday

Exercises 9 - 10am
 Playgroup 9.15 - 11.15am
 Mah-jong 1 - 4pm
 U3A Scrabble 1 - 4pm
 NA Support Group
 7.30 - 9.30pm

3rd Monday

U3A Book Club
 10.15am - 12.15pm
 ALP Meeting 6.30 - 8.30pm
 (odd months)

4th Monday

U3A Cultural Connections
 5.30 - 8pm

Fortnightly

Toastmasters 6pm - 8.30pm

Thursday

Every Thursday

Tai Chi 9 - 10.30am
 Art 1 - 3.30pm
 Parchment Craft 1 - 3.30pm
 Tai Chi Beijing 24
 Practise Group 5 - 7pm
 Meditation & Qigong Group
 7.30 - 9.30pm

2nd Thursday

Family History 10am - 12pm
 U3A Art Group
 9.30am - 12.30pm

3rd Thursday – Odd months from March

Parkinson's Support Group
 9 - 11am

4th Thursday

U3A Writing Group
 9.30am - 12.30pm
 U3A Art Group
 9.30am - 12.30pm

Tuesday

Every Tuesday

Computers 9.30 - 11.30am
 Cards 1 - 4pm

Every Tuesday

(except 2nd Tuesday)
 Writing Workshop 12.30 - 4pm

2nd Tuesday

U3A Astronomy & Space
 Science 10am - 12pm
 Photography 7 - 9pm

3rd Tuesday

U3A Railway Technology
 10am - 12pm

4th Tuesday

U3A Discussion Group
 10am - 12pm
 Photography 7 - 9 pm

Friday

Every Friday

Age of Excellence –
 ManFit 6.30 - 7.15am
 WomanFit 7.15am - 8.00am
 Craft Group 9am - 12pm
 Al-Anon Support Group 12 - 2pm
 Meditation & Qigong 1 - 3pm
 AA Support 7.30 - 9pm

1st Friday

Exercises 8.45 - 9.45am
 U3A Music Appreciation
 10.15am - 12.15pm

2nd Friday

Exercises 8.45 - 9.45am
 U3A Anything Goes
 10.15am - 12.15pm

3rd Friday

U3A General Meeting
 9.30am - 12pm

4th Friday

Exercises 8.45 - 9.45am

Wednesday

Every Wednesday

Age of Excellence –
 ManFit 6.30 - 7.15am
 WomanFit 7.15 - 8.00am
 U3A Mah-jong 9am - 12pm
 Textiles 9am - 12pm
 Yeppoon Yarners 1 - 3 pm
 Line Dancing 11.30 - 2.30pm
 Gospel Choir 7 - 8pm

1st Wednesday

LNP Meeting 7 - 8.30pm

Fortnightly

QCWA Seasideers
 5.30 - 8.30pm

Saturday

Every Saturday

Fellowship Group 4.30 - 9pm

1st Saturday

Readers Book Club
 10.30am - 12pm

Sunday

Every Sunday

Tai Chi Beijing 24
 Practice Group 7 - 9am
 Living Waters Lutheran
 11am - 1pm
 Fellowship Group
 5 - 7.30pm

2nd Sunday

Ukulele Group 3 - 5pm

3rd Sunday

ALP Meeting 10am - 12pm (even months)

Don't forget to like us and click to follow our page.

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Interested.. in activities at the Community Centre?

Keeping the mind active playing Scrabble – U3A



The Aims of U3A are:

To share the enormous barely tapped pool of experience and knowledge for the benefit of all members
To provide opportunities for social and broadly educational activities for retired or semi-retired people
For members to enjoy an active and satisfying life

Capricorn Coast Healthy Ageing

The Capricorn Coast Healthy Ageing Program is a community based program formulated to meet the social, physical and emotional needs of residents of the Capricorn Coast.
The membership fee is \$5.00 per year with a minimal fee being charged for participation in the various activities.



Join the Social Art class and create masterpieces

This cosy group of local artists meets once a week to share skills and ideas, develop new work and explore different techniques

Friday Craft Group ... Are you crafty? Come and learn something new

- We are a group of like minded people who enjoy creating in a social atmosphere
- We currently have members who embroider, tat, crochet, knit, cross stitch and patchwork
- From time to time we would like to hold workshops if there is enough interest

Age of Excellence – 'Fitness for life'

Is a gentle light to moderate physical activity program suitable for over 50's. You can exercise at your own pace in a friendly atmosphere.



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Accessibility barriers highlighted at Livingstone Shire tour



An accessibility awareness tour held during Disability Action Week (26 November – 2 December) has provided an opportunity for Livingstone Shire Council decision-makers, local businesses and the community to develop a greater understanding of the struggles some residents experience whilst out and about.

The tour, organised by the Capricorn Coast Access and Equity Group with the assistance of Council, generated discussions around inclusiveness and highlighted the importance of accessible communities.

Participants, including Councillors and Council officers, said it opened their eyes to the needs of others, and they were able to view local businesses and the streets from a different perspective.

Capricorn Coast Access and Equity Group committee member, Councillor Andrea Friend, said 24 per cent of people in Livingstone Shire live with some form of disability and just under 20 per cent are aged over 65, so providing accessible infrastructure is something very close to my heart.

“During the tour participants were allocated an accessibility challenge before visiting various businesses in Normanby Street, to consider accessibility and how well-participating businesses and our public spaces are equipped to accommodate those living with disability,” Cr Friend said.

“The intention was to help raise awareness and empower our community.

“Council has made a commitment through the Livingstone Community Plan: Towards 2050 to provide safe and welcoming places for people of all ages and abilities, and this commitment ensures we are working towards a liveable Livingstone for all current and future residents.”

The Capricorn Coast Access and Equity Group is facilitated by Council (in partnership with the Human Rights Commission Queensland) and meets regularly to discuss local accessibility barriers and ideas.

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Livingstone Shire and the Community

Volunteer Programs

Volunteering helps to build the resilience of our community. Community volunteers are knowledgeable, they are informed, can self-organise and they understand how to access resources and capabilities within and outside their communities. Ultimately, they show community pride and offer a significant contribution to Livingstone Shire's residents and visitors.

Livingstone Shire Council has a number of community volunteering programmes which offer volunteers a sense of empowerment, positivity and belonging.

To apply simply complete an application form and return. From time to time volunteer programmes are at capacity and unable to accept new applicants, however we can look at other opportunities that may interest you. Please read the Volunteer Policy before applying for any volunteering programmes. Visit <https://www.livingstone.qld.gov.au/living-here/my-community/volunteer-programs>

Community Engagement

Livingstone Shire Council places our community – those living and working in our diverse region – at the centre of everything we do. We want to ensure the community's ideas, feedback and opinions are heard to provide the building blocks for our Shire's future.

Council's approach to engagement is constantly evolving to balance the needs of our community alongside global challenges that have affected our region in recent times.

Get in touch with our Engagement team here:

<https://www.livingstone.qld.gov.au/engagement>

Email: engagementandevents@livingstone.qld.gov.au or Phone: 07 4913 5000

Community Groups and Sporting Clubs

Livingstone Shire is fortunate to have a large and diverse range of community groups and sporting clubs catering to many interests and providing opportunities for community connections and an active lifestyle.

Community development from a council perspective is about facilitating positive social and economic impact by making sure people can actively participate in the community and are empowered to create positive changes.

The Community Development and Sport and Recreation team is focussed on delivering projects and programmes which build capacity and increase resilience, specifically within not-for-profit community and sporting organisations across the Shire. This aligns with the team's awareness that not-for-profit community and sporting organisations are an integral element in supporting active, vibrant, and connected communities.

In working to achieve this focus, the team provides the following opportunities to not-for-profit community organisations:

- Capacity Building Workshops
- Livingstone Community Grants
- Community Organisation Census; and
- One-on-one meeting (including grant support).

Check out Livingstone Shire Council's event calendar <https://www.livingstone.qld.gov.au/event-calendar> for details of upcoming activities or get in touch to arrange a one on one meeting.

The team is committed to engaging with local not-for-profit community organisations to understand their current situation with a view to work alongside the not-for-profit community organisation to build capacity and increase resilience. The team also supports local not-for-profit community organisations as a conduit to connect them with other teams and units across Council to achieve specific outcomes.

To get in touch with the Community Development Sport and Recreation Team please email:

cdsr@livingstone.qld.gov.au or phone 4913 5000

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Recovery Wrap

Livingstone
Ed. 5 February 2023

Welcome to the
Recovery Wrap
Livingstone.

Useful Contacts

| | |
|---------------------------|---------------|
| Community Recovery | 1800 17 33 49 |
| Lifeline's crisis support | 13 11 14 |
| 13HEALTH | 13 43 25 84 |

For information [about disaster recovery funds](#) for affected communities.
[Additional information for disaster affected areas.](#)

Support Groups

| | |
|----------------------|--------------|
| Australian Red Cross | 1800 733 276 |
| Salvation Army | 13 72 58 |

Volunteering Queensland
<https://www.volunteeringqld.org.au/>

| | |
|--------------------------------|--------------|
| At. Vincent de Paul Assistance | 1800 846 643 |
| RSPCA | |
| General enquires | 0734 269 999 |
| Blue Care | 1300 849 513 |
| St. John Ambulance | 1300 785 646 |

What's coming up?

Watch this space.... Locality Specific Cuppa and Chat : drop-in bushfire recovery gathering's within the Cobraball fire scar area will commence soon. These will be both informative and an opportunity to catchup with neighbours.

What's been on?

Maryvale Community Gathering, 3rd December: Maryvale Rural Fire Brigade hosted a membership drive as an end of year gathering. It was a great opportunity for new residents to meet their neighbours and share information about the

rural fire brigade. Council attended to listen to residents and collect information to guide their recovery work moving forwards into 2023.

Local Disaster Coordination Centre (LDCC) Weather Briefing.

Livingstone's skilled LDCC staff attended a weather briefing during December to ensure all were up to date with the upcoming seasonal outlook and conditions. It was great to see all these staff members who have trained throughout the year to be prepared to assist during times of disaster.

How can you be better Prepared?

Can emergency services access your property? Is the property number visible?

Numbers must be easily read from the roadway to enable a property to be identified by emergency service vehicles.

In areas of kerb and channelling: The number is to be painted or fixed to the kerb or erected on the road frontage boundary of the property. In areas of non-kerbed roadways: The rural addressing sign will be erected at the far side of the access drive approximately 1.0m outside the line of guideposts/shoulder of the road/or property side of the piped crossing or adjacent to the mailbox in a visible location. Do you need a replacement rural addressing sign?



Contact Council's customer service centre on 1300 790 919 or Councils [Online Services](#) to inquire about a replacement sign.

Also, you should ensure there is adequate space for fire trucks to access your home. You should have at least four metres wide and high with a turnaround area.

How to prepare for an emergency event where you may lose connectivity?

NBN have developed the following tips to help you prepare for an emergency event where you may lose connectivity.

Tip 1 - Stay mobile

Put together an emergency kit with a charged mobile phone and a portable mobile battery pack on hand. This can help if you experience a power outage, or if your nbn network connection is disrupted in an emergency. Consider turning off your mobile data on unnecessary apps to save battery.

Recovery Wrap

Livingstone
Ed. 5 February 2023

Tip 2 - Stay updated

Local radio is a good source of information during an emergency, so include a battery powered radio in your emergency communications kit. It's also worth following emergency services on social and news channels. These may include your State Fire and Rescue, Police Services and utilities like nbn (@NBN_Australia).

Tip 3 - Back-up

Make sure you can access important information and essential documents from anywhere – this could mean creating a digital back-up on a USB, or in the cloud. These key pieces of information may include insurance policies and/or financial documents.

Tip 4 - Alternative/back-up options

For businesses or other community groups, you might want to consider investing in alternative communication and power options to keep your business or community group operating. It's also important that you regularly test these back-up options to ensure they work when an emergency actually arises.

For more information in regards to emergency events where you may lose connectivity, visit:

nbn.com.au/Emergency

Travelling the road to recovery.

Last edition we introduced Dr Rob Gordon, disaster psychologist. Access the video series [here](#).



The six videos in the series are:

- Coping with Stress after an emergency
- Building trust and confidence in your community post-emergency
- Tackling Uncertainty and anxiety ahead of the next fire season
- Summer strategies to manage feelings and reduce stress
- Accepting the risk of Bushfire and creating a new future
- Learn to trust your own thinking and actions

What's the season look like?

With the monsoon very active now, it's time to check if you know about cyclone warnings. The Bureau of Meteorology produces tropical cyclone warnings as well as [related information about tropical cyclones](#) and the tropical cyclone season. These products include Tropical Cyclone Advices and Forecast Track Maps, as well as seasonal outlooks and information bulletins.

Tropical Cyclone Advices are issued whenever a tropical cyclone is likely to cause winds in excess of 62 km/h (gale force) over Australian communities within the next 48 hours. The Tropical Cyclone Advice lets people know when they might be affected by issuing either a Watch or Warning for each community in the path of the cyclone.





QUEENSLAND
GREATS
AWARDS 2023

It's not too late to nominate a Queensland Great!

Recognising and honouring extraordinary individuals and institutions making meaningful contributions to, or significantly impacting the history and development of Queensland.

There are less than three weeks left to submit a nomination for the 2023 Queensland Greats Awards.

Who are Queensland Greats?

Queensland Greats are people or institutions making meaningful contributions to, or who have significantly impacted the history and development of Queensland. They are industry leaders, experts, advocates and innovators, that come from industries such as business, science, health, education, Indigenous affairs, sport, arts, design, conservation, community and philanthropy.

Nominations for the 2023 Awards are open across three categories — Individual, Institution and Posthumous. Since the Awards inception in 2001, 141 recipients have been named Queensland Greats.

Nominate a Queensland Great

Do you know an individual or institution worthy of recognition for their dedication to Queensland?

Nominate them online for a Queensland Greats Award before **5pm, Friday 17 February 2023**.

The 2023 Queensland Greats will be announced at a ceremony in Brisbane in June 2023.

To learn more, please visit the website:

<https://www.qld.gov.au/about/events-awards-honours/awards/qld-greats-awards>

or contact the Awards Coordinator by email - QldGreatsAwards@premiers.qld.gov.au

Or telephone - (07) 3003 9200.





Bring your children along to experience the wonders of musical play! (BYO Morning Tea)

Thursday 2nd & 16th,

February 2023

9.30am to 10.30am

Yeppoon Town Hall (Upstairs Foyer)

Lift access available for prams

**FREE
SESSIONS!**

Phone 4913 3840 for more details - no booking required!



Livingstone Shire Libraries Children's Programming

January - March 2023

Free | No Bookings required



Yeppoon Library@9.30am



Emu Park Library@9.30am

Monday 23rd Jan Under 1's
Wednesday 1st Feb 0-5's
Monday 6th Feb Under 1's
Wednesday 15th Feb 0-5's
Monday 20th Feb Under 1's
Thursday 23rd Feb [STORYTIME](#)
Wednesday 1st March 0-5's
Monday 6th March Under 1's
Wednesday 15th March 0-5's
Monday 20th March Under 1's
Wednesday 29th March 0-5's
Thursday 30th March [STORYTIME](#)

Monday 16th Jan Under 1's
Monday 30th Jan Under 1's
Wednesday 8th Feb 0-5's
Monday 13th Feb Under 1's
Wednesday 22nd Feb 0-5's
Monday 27th Feb Under 1's
Wednesday 8th March 0-5's
Monday 13th March Under 1's
Wednesday 22nd March 0-5's
Monday 27th March Under 1's



2023

Under 1's
Every Monday

0-5's
Every Wednesday

Help your baby on their way to learning about their world with songs, games and bubbles.

Sessions aimed at 0-1 age group

Join these relaxed interactive sessions. Sing and dance, laugh and play, create and discover.

Sessions aimed at 0-5 age group

STORYTIME

Share the magic of stories with your child. Enjoy fun stories, songs, rhymes and craft activities.

Sessions aimed at 3-5 age group



@lsclibraries

For more information please call
Yeppoon Library: 4913 3850

Bonjour!
beginner French classes
are starting
in Yeppoon
2023

I'm so
excited!

Dive in to
a new
adventure



af Alliance Française
Central Queensland

To find out more
go to
afcq.org.au



OPT-IN FOR EMERGENCY NOTIFICATIONS

Be Prepared.
Stay Informed.
Opt-In Now!



disaster.livingstone.qld.gov.au

