



# Activities

## YEPPOON COMMUNITY CENTRE



*Come on in and laugh, share, learn, do, grow, create, meet, discover, exercise and play*

Day	Activity	Room	Time
Monday	<b>Every Monday</b>		
	CCHA Exercises	Room A&B	9.00am - 10.00am
	Keppel Kids Playgroup	The Garage	9.00am - 11.00am
	Tai Chi Capricorn Coast Beginners	Room A&B	10.00am - 12.00pm
	CCHA Mahjong	Room A&B	1.00pm - 4.00pm
	U3A Scrabble	The Garage	1.00pm - 4.00pm
	U3A Cards	Room C	3.00pm - 5.00pm
	Yeppoon NA	Room C	7.30pm - 9.00pm
	<b>3rd Monday</b>		
	U3A Book Club	Room C	10.15am - 12.15pm
	<b>4th Monday</b>		
	U3A Cultural Connections	Room B	5.00pm - 8.00pm
Tuesday	<b>Every Tuesday</b>		
	Social Computing	The Garage	9.30am - 11.30am
	CCHA Cards	Room A	1.00pm - 4.00pm
	<b>1st Tuesday</b>		
	Tuesday Writer's Group	The Garage	12.00pm - 3.00pm
	<b>2nd Tuesday</b>		
	U3A Astronomy & Space Science	Room B	10.00am - 12.00pm
	KCCC - Photography	Room B	7.00pm - 9.00pm
	<b>3rd Tuesday</b>		
	U3A Railway Technology	Room B	10.00am - 12.00pm
	Tuesday Writer's Group	The Garage	12.00pm - 3.00pm
	<b>4th Tuesday</b>		
	U3A - Cryptic Crosswords	Room B	10.00am - 12.00pm
	KCCC - Photography	Room B	7.00pm - 9.00pm
Wednesday	<b>Every Wednesday</b>		
	Age of Excellence - Manfit	Room A&B	6.30am - 7.15am
	Age of Excellence - Womanfit	Room A&B	7.15am - 8.00am
	U3A Mahjong	Room A&B	9.00am - 11.30am
	Capricorn Coast Textile Artists	The Garage	9.00am - 12.00pm
	Seniors Line Dancing	Rooms A&B	11.30am - 2.30pm
	U3A Recorder	Room C	12.00pm - 2.00pm
	Yeppoon Yarners	The Garage	1.00pm - 3.00pm
	Tai Chi Capricorn Coast Group	Room A & B	5.00pm - 7.00pm

***Please note, this information may change without notice***

Day	Activity	Room	Time
Thursday	<b>Every Thursday</b>		
	CCHA Tai Chi	Room A&B	9.00am - 10.30am
	U3A Ukulele	Room C	12.30pm - 2.00pm
	Yeppoon Ukulele Movement	Room A&B	3.00pm - 5.00pm
	<b>1st Thursday</b>		
	U3A Writing Workshop	Room C	9.00am - 11.00am
	<b>2nd Thursday</b>		
	U3A Art Group	The Garage	9.30am - 12.30pm
	<b>3rd Thursday</b>		
	Parkinsons Support group	Room C	9.00am - 11.00am
	<b>4th Thursday</b>		
	U3A Art Group	The Garage	9.30am - 12.30pm
Friday	<b>Every Friday</b>		
	Age of Excellence - Manfit	Room A&B	6.30am - 7.15am
	Age of Excellence - Womanfit	Room A&B	7.15am - 8.00am
	Friday Craft Group	Room C	9.00am - 12.00pm
	AI-Anon Support Group	Room A	12.00pm - 2.00pm
	Yeppoon AA	Room A&B	7.30pm - 9.00pm
	<b>1st Friday</b>		
	CCHA Exercises	Room A&B	8.45am - 9.45am
	U3A Music Appreciation	Room B	10.15am - 12.15pm
	<b>2nd Friday</b>		
	CCHA Exercises	Room A&B	8.45am - 9.45am
	U3A Meteorology	Room B	10.15am - 12:15pm
	<b>3rd Friday</b>		
	U3A General Meeting	Room A&B	9.30am - 12.00pm
	<b>4th Friday</b>		
	CCHA Exercises	Room A&B	8.45am - 9.45am
U3A Talks & Tutors	Room B	10.00am - 12.00pm	
Saturday	<b>Every Saturday</b>		
	Lego Based Therapy	Room C	9:00am - 5:00pm
	<b>1st Saturday</b>		
Capricorn Dance Exchange	Room A&B	1.30pm - 4.15pm	
Sunday	<b>Every Sunday</b>		
	Tai Chi Capricorn Coast Group	Room A&B	7.00am - 9.00am
	Living Waters Lutheran Church	Room C	11.00am - 1.00pm
	<b>Every second Sunday</b>		
	Upcycle CQ	Room C	2.00pm - 4.00pm
	Yeppoon Ukulele Movement	Room A&B	3.00pm - 5.00pm

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